# MARIA PAOLA ARELLANO-MARIC, Pneumologist

Address: Diagonal Paraguay 362. Piso 6, Santiago - Chile
Skype: paoarellanomaric • marellano@uc.cl

#### **CERTIFICATIONS**

**European Diploma in Respiratory Medicine, European Respiratory Society (ERS),** 2015 Recognition of post-graduate specialist's qualifications in Europe through the HERMES Examination.

#### **EDUCATION**

# University Witten/Herdecke, Lung Center Cologne, Germany

2014 - 2016

Research Fellowship

Field: Advanced Respiratory Insufficiency, Home Mechanical Ventilation

\*Multicentric Interventional Trial Conducted: 'Obesity Hypoventilation Syndrome Treated With Non-Invasive Ventilation: Can We Switch To CPAP?' (orally presented at ERS Congress 2017)

Tutor: Prof. Dr. Wolfram Windisch

#### Instituto Nacional del Tórax. Universidad de Chile

2010 - 2012

Fellowship in Respiratory Medicine (Subspecialty)

National Reference Center devoted to resolving complex cases referred nationally such as: interstitial lung disease, chronic thromboembolic pulmonary disease, pulmonary hypertension, lung transplantation

# Pontificia Universidad Católica de Chile, Santiago, Chile

2005 - 2008

Residency in Internal Medicine (Specialty)

Top 1 Latin American University in OS ranking 2017

#### Universidad Nuestra Señora de La Paz, La Paz, Bolivia

1998 - 2004

General Medicine

Richard Wossidlo Gymnaseum Waren, Mecklenburg Vorpommern, Germany

1996 - 1997

Exchange Student, Junior year: American Field Service Program (AFS)

## WORK EXPERIENCE

# **University Hospital Pontificia Universidad Católica de Chile,** Santiago

Aug 2014 -present

Department of Pulmonary Diseases

**Assistant Professor - School of Medicine** 

#### Responsibilities:

- Clinical research in the field of Home Mechanical Ventilation
- Teaching to medicine students and pneumology fellows
- Provided in and outpatient medical care

# **Non-Invasive Ventilation Center, Hospital San José,** Santiago, Chile **Attending Pulmonologist**

Nov 2012 - July 2014

Responsibilities:

• Implemented the hospital's program of home mechanical ventilation

**Intermediate Critical Care Unit, Clinica Alemana**, Santiago, Chile **Attending Internist** (Joint Commission certified)

June 2008 – Sept 2010

# COURSES IN THE LAST 4 YEARS

- Thoracic Imaging interactive course. Pontificia Universidad Católica de Chile. Co-director (it counted on the distinguished paticipation of 3 european radiology professors
- Research in Respiratory Medicine: Strategies for Success, ERS, Milan
- Noninvasive Ventilation: Basic Concepts. ERS, Hannover
- The Respiratory Global Research and Training (GREAT) Network, Epidemiology, Biostatistics. The Hospital for Sick Children, Toronto, Online Course
- Thoracic Imaging, ERS, Barcelona

#### **CONGRESS PARTICIPATION**

- ERS Congress; *Oral presentation* of interventional trial 'Obesity Hypoventilation Syndrome Treated With Non-Invasive Ventilation: Can We Switch To CPAP?'. Milan, Italy, 2017
- ERS Congress; *Chairman of Poster Discussion session* "Diagnostic and Therapeutic Challenges in Acute Respiratory Failure". London, UK, 2016
- ERS Congress; *Chairman of Thematic Posters* "Acute Critical Care: COPD, Muscles and Weaning". Amsterdam, Netherlands, 2015
- 4th CEE Ventilation Experts Meeting; *Speaker*: "The Role of Long-Term Non-Invasive Ventilation in COPD patients". Prague, Czech Republic, 2015
- 23rd Congress of the German Home Mechanical Ventilation Society (DIGAB), Speaker "Home Mechanical Ventilation in Chile". Düsseldorf, Germany, 2015
- 41st International Conference on Home Mechanical Ventilation (JIVD), Speaker "NIV for COPD Patients: Where We Are Now". Lyon, France, 2015

#### **ACHIEVEMENTS**

**2016:** Successfully organized the donation of 18 noninvasive Ventilators from University Medical Hospital Groningen, Holland to Chile.

**2014:** Successfully organized the donation of 100 noninvasive Ventilators and 200 masks from Germany to Chile.

# LANGUAGE SKILLS

- Spanish; Native
- English; Advanced
- German; Speaking: advanced, written: medium high

## **PUBLICATIONS**

Arellano-Maric MP, Gregoretti C, Duivermann M, Windisch W.

Long-Term Volume-Targeted Pressure Controlled Ventilation: Sense or Nonsense? *ERJ* 2017 22;49(6). pii: 1602193

Duivermann M, Arellano-Maric MP, Windisch W.

Long-Term Noninvasive Ventilation in Patients with Chronic Hypercapnic Respiratory Failure: Assisting the Diaphragm, but Threatening the Heart? *Curr Opin Pulm Med* 2016 Mar;22(2):130-7

Arellano-Maric MP, Huttman S, Storre I, Windisch W.

Intermittent Noninvasive Ventilation at San José Hospital in Chile: Report of a German Donation. *Pneumologie* 2015;69(3):144-6

Duivermann M, Maagh P, Magnet F, Schmoor C, *Arellano-Maric MP*, Meissner A, Storre J, Wijstra P, Windisch W, Callegari J.

Impact of High-Intensity-NIV on Cardiac Function in Stable Hypercapnic COPD: A Randomized Cross-Over Trial. *Respir Res* 2017 May 2;18(1):76

Arellano-Maric MP, Schwarz Sarah.

Severe Emphysema and Fibrosis: Pulmonary Talcosis Due to Intravenous Drug Abuse. *Pneumo News* Ausgabe Juni 3/2016

Arellano MP, Tapson VF.

Pulmonary Embolism. Treatment Strategies:

Determining Candidacy and Deciding on Therapeutic Courses of Action. *The Endovascular Today* 2012; VTE issue 11

#### OTHER

*Observerships:* 

**Cologne Lung Center**, Kliniken der Stadt Köln, DAAD Scholarship - Mentor: Prof. Dr. Wolfram Windisch

**Center for Pulmonary Vascular Disease**, Duke University Medical Center, North Carolina, USA Focus: Pulmonary Hypertension - Mentor: Prof. Dr. Victor F. Tapson